

Chef at 11

EGGPLANT, TOMATOES,
MOZZARELLA, PARSLEY, OLIVE
OIL, BALSAMIC GLAZE, SALT
AND PEPPER



GRILLED EGGPLANT AND TOMATO SALAD

TIME

Prep: 15 minutes

Full time: 30 minutes

DIRECTIONS

INGREDIENTS;

1 eggplant

3-4 tomatoes

1 ball fresh mozzarella

olive oil to brush

balsamic glaze

salt and pepper to taste

parsley

1. Slice eggplant vertically about 1/2" thick and brush on olive oil
2. Slice tomatoes about 1/2" thick and season with salt and pepper
3. Thinly slice mozzarella block
4. Place slices of eggplant and tomato on the grill, cooking on both sides until tender.
5. Plate your grilled eggplant slices, topping each slice with tomato and cheese.
6. Season with salt and pepper, drizzle with balsamic glaze, and top with parsley!